

3e Suydersee Triathlon Urk 13-08-2016

Uitslag Achtste Triathlon Overall

| Pts | StartNr | Naam | Woonplaats | Cat | PtsCat | Zwem | PtsZwem | Wiss1 | Fiets | PtsFiets | NaFiets | PtsNaFie | Wiss2 | Loop | PtsLoop | Totaal | DQ |
|-----|---------|----------------------|---------------------|-----|--------|----------|---------|----------|----------|----------|----------|----------|----------|----------|---------|----------|----|
| 1 | 372 | Glenn Wesseling | Almere | mSR | 1 | 00:06:43 | 1 | 00:01:08 | 00:30:32 | 3 | 00:38:22 | 1 | 00:00:30 | 00:19:00 | 1 | 00:57:50 | |
| 2 | 370 | Jarrich van Woersem | Almere | mSR | 2 | 00:07:04 | 2 | 00:01:03 | 00:31:36 | 6 | 00:39:42 | 2 | 00:00:45 | 00:20:39 | 4 | 01:01:05 | |
| 3 | 224 | Tom de Jong | BIDDINGHUIZEN | MSR | 3 | 00:08:25 | 7 | 00:01:17 | 00:30:55 | 4 | 00:40:36 | 3 | 00:00:37 | 00:20:14 | 2 | 01:01:26 | |
| 4 | 216 | Jefry Visser | ALMERE | MSR | 4 | 00:08:20 | 5 | 00:01:04 | 00:31:50 | 8 | 00:41:13 | 5 | 00:00:37 | 00:20:52 | 6 | 01:02:41 | |
| 5 | 217 | Boy van West | ALMERE | MSR | 5 | 00:07:25 | 3 | 00:01:10 | 00:32:46 | 17 | 00:41:19 | 6 | 00:00:27 | 00:21:14 | 8 | 01:02:59 | |
| 6 | 229 | Ruben Slot | DALFSEN | MSR | 6 | 00:08:23 | 6 | 00:01:25 | 00:31:23 | 5 | 00:41:10 | 4 | 00:00:36 | 00:21:18 | 10 | 01:03:02 | |
| 7 | 215 | Frank Veltman | ALMERE | M40 | 1 | 00:08:32 | 9 | 00:01:34 | 00:32:44 | 16 | 00:42:49 | 7 | 00:00:51 | 00:21:43 | 15 | 01:05:22 | |
| 8 | 341 | Jacob Snoek | URK | MSR | 7 | 00:09:54 | 27 | 00:01:40 | 00:33:59 | 23 | 00:45:33 | 19 | 00:00:36 | 00:20:15 | 3 | 01:06:22 | |
| 9 | 271 | Sander Kikkert | HOOGEVEEN | MSR | 8 | 00:12:19 | 88 | 00:02:20 | 00:29:26 | 1 | 00:44:04 | 11 | 00:01:03 | 00:21:24 | 11 | 01:06:29 | |
| 10 | 322 | Teunis Hoefnagel | URK | MSR | 9 | 00:10:40 | 43 | 00:01:57 | 00:30:14 | 2 | 00:42:50 | 8 | 00:00:38 | 00:23:08 | 29 | 01:06:35 | |
| 11 | 303 | Irvin van der Waal | PAPENDRECHT | M40 | 2 | 00:09:11 | 20 | 00:02:02 | 00:33:36 | 21 | 00:44:48 | 16 | 00:00:46 | 00:21:25 | 12 | 01:06:59 | |
| 12 | 223 | Herman Aalberts | APELDOORN | M40 | 3 | 00:10:52 | 49 | 00:01:38 | 00:31:48 | 7 | 00:44:17 | 12 | 00:00:44 | 00:22:00 | 18 | 01:07:00 | |
| 13 | 290 | Stephan Mol | MEDEMBLIK | MSR | 10 | 00:09:42 | 23 | 00:03:01 | 00:32:06 | 12 | 00:44:48 | 15 | 00:00:49 | 00:21:29 | 13 | 01:07:05 | |
| 14 | 295 | Johan Bouma | NIEKERK | MSR | 11 | 00:11:09 | 56 | 00:02:26 | 00:32:03 | 10 | 00:45:38 | 20 | 00:00:40 | 00:21:05 | 7 | 01:07:21 | |
| 15 | 301 | Fré Adema | ORANJEWOUDE | M40 | 4 | 00:08:56 | 16 | 00:01:44 | 00:32:35 | 14 | 00:43:14 | 10 | 00:00:46 | 00:23:26 | 34 | 01:07:25 | |
| 16 | 273 | Kaey van Rij | HOOGLIET | MSR | 12 | 00:10:33 | 38 | 00:01:51 | 00:32:05 | 11 | 00:44:28 | 13 | 00:01:10 | 00:21:59 | 17 | 01:07:36 | |
| 17 | 267 | Klaas Arkema | HASSELT | M40 | 5 | 00:10:33 | 39 | 00:02:08 | 00:32:23 | 13 | 00:45:03 | 17 | 00:00:54 | 00:22:22 | 22 | 01:08:18 | |
| 18 | 203 | Frank Blaas | ALMERE | MSR | 13 | 00:10:22 | 33 | 00:02:12 | 00:33:24 | 19 | 00:45:57 | 22 | 00:00:49 | 00:22:06 | 19 | 01:08:50 | |
| 19 | 296 | Joost Bokkers | NIJKERK | MSR | 14 | 00:09:37 | 21 | 00:01:46 | 00:33:22 | 18 | 00:44:44 | 14 | 00:00:49 | 00:23:30 | 36 | 01:09:03 | |
| 20 | 233 | Peter Visscher | DE WIJK | M40 | 6 | 00:09:39 | 22 | 00:01:38 | 00:31:53 | 9 | 00:43:10 | 9 | 00:00:47 | 00:25:15 | 60 | 01:09:11 | |
| 21 | 348 | Pim Veldhuis | UTRECHT | MSR | 15 | 00:10:12 | 30 | 00:01:25 | 00:33:53 | 22 | 00:45:29 | 18 | 00:00:43 | 00:23:14 | 31 | 01:09:25 | |
| 22 | 254 | Bas Stevens | EMMELOORD | MSR | 16 | 00:11:19 | 60 | 00:02:23 | 00:34:26 | 27 | 00:48:08 | 35 | 00:00:58 | 00:20:46 | 5 | 01:09:51 | |
| 23 | 275 | Kees van de Wetering | IJSSELMUIDEN | M40 | 7 | 00:10:16 | 31 | 00:01:39 | 00:34:23 | 26 | 00:46:16 | 24 | 00:01:13 | 00:23:02 | 28 | 01:10:30 | |
| 24 | 219 | Imre van der Geer | AMERSFOORT | MSR | 17 | 00:11:52 | 72 | 00:02:31 | 00:34:04 | 24 | 00:48:25 | 38 | 00:00:55 | 00:21:16 | 9 | 01:10:36 | |
| 25 | 201 | Vincent Broekkamp | ALKMAAR | M40 | 8 | 00:09:48 | 25 | 00:02:05 | 00:35:18 | 36 | 00:47:10 | 27 | 00:00:47 | 00:22:50 | 24 | 01:10:45 | |
| 26 | 319 | Meindert de Boer | URK | MSR | 18 | 00:10:41 | 44 | 00:01:38 | 00:34:55 | 34 | 00:47:13 | 28 | 00:00:41 | 00:23:12 | 30 | 01:11:05 | |
| 27 | 350 | Saskia Bekhuis | VASSE | V40 | 1 | 00:08:47 | 12 | 00:01:30 | 00:36:29 | 49 | 00:46:45 | 25 | 00:00:53 | 00:23:41 | 41 | 01:11:18 | |
| 28 | 220 | Leon Sperling | AMSTERDAM | MSR | 19 | 00:12:18 | 87 | 00:01:43 | 00:33:32 | 20 | 00:47:31 | 31 | 00:00:55 | 00:23:35 | 40 | 01:12:01 | |
| 29 | 206 | Derek Haenen | ALMERE | MSR | 20 | 00:08:56 | 17 | 00:01:58 | 00:34:54 | 32 | 00:45:48 | 21 | 00:00:57 | 00:25:20 | 62 | 01:12:04 | |
| 30 | 212 | Johan Postma | ALMERE | MSR | 21 | 00:08:16 | 4 | 00:01:52 | 00:39:16 | 83 | 00:49:23 | 43 | 00:00:44 | 00:22:10 | 20 | 01:12:17 | |
| 31 | 228 | Paul Slot | DALFSEN | M40 | 9 | 00:09:48 | 24 | 00:02:00 | 00:34:15 | 25 | 00:46:01 | 23 | 00:01:09 | 00:25:13 | 58 | 01:12:22 | |
| 32 | 367 | Berend van der Veer | ZWOLLE | M40 | 10 | 00:10:37 | 41 | 00:01:44 | 00:35:42 | 38 | 00:48:01 | 34 | 00:00:40 | 00:23:48 | 43 | 01:12:28 | |
| 33 | 262 | Klaziena Politiek | GRONINGEN | VSR | 1 | 00:08:41 | 10 | 00:01:22 | 00:36:56 | 53 | 00:46:58 | 26 | 00:00:40 | 00:25:03 | 56 | 01:12:40 | |
| 34 | 270 | Thijs Rood | HENS BROEK | MSR | 22 | 00:10:27 | 35 | 00:02:02 | 00:36:37 | 50 | 00:49:04 | 40 | 00:00:54 | 00:23:22 | 33 | 01:13:19 | |
| 35 | 364 | Peter van Doesburg | ZAANDAM | M40 | 11 | 00:12:08 | 81 | 00:02:24 | 00:36:19 | 47 | 00:50:50 | 55 | 00:01:19 | 00:21:49 | 16 | 01:13:57 | |
| 36 | 375 | Jan Jongman | Urk | M40 | 12 | 00:12:54 | 105 | 00:02:25 | 00:34:50 | 31 | 00:50:08 | 48 | 00:00:51 | 00:23:02 | 27 | 01:14:00 | |
| 37 | 311 | Kim Groeneveld | SINT PANCRAS | VSR | 2 | 00:08:31 | 8 | 00:01:26 | 00:37:48 | 68 | 00:47:45 | 33 | 00:00:37 | 00:25:41 | 66 | 01:14:02 | |
| 38 | 294 | Lobke de Hollander | NEDERHORST DEN BERG | VSR | 3 | 00:10:52 | 50 | 00:01:53 | 00:37:33 | 63 | 00:50:17 | 49 | 00:00:55 | 00:22:53 | 25 | 01:14:04 | |
| 39 | 245 | Mark Teisman | EEMNES | MSR | 23 | 00:12:00 | 78 | 00:01:52 | 00:37:18 | 58 | 00:51:10 | 58 | 00:00:44 | 00:22:14 | 21 | 01:14:06 | |
| 40 | 373 | Sander Moojen | LEEUWARDEN | MSR | 24 | 00:10:02 | 29 | 00:02:07 | 00:37:08 | 56 | 00:49:16 | 42 | 00:00:56 | 00:24:37 | 51 | 01:14:48 | |
| 41 | 276 | Rinke Nijland | IJSSELSTEIN | MSR | 25 | 00:10:49 | 47 | 00:01:55 | 00:34:48 | 30 | 00:47:31 | 30 | 00:01:07 | 00:26:27 | 72 | 01:15:04 | |
| 42 | 268 | Nico Mijnheer | HASSELT | M40 | 13 | 00:09:08 | 18 | 00:01:56 | 00:36:15 | 44 | 00:47:19 | 29 | 00:01:01 | 00:27:02 | 84 | 01:15:22 | |

3e Suydersee Triathlon Urk 13-08-2016

Uitslag Achtste Triathlon Overall

| Plts | StartNr | Naam | Woonplaats | Cat | PltsCat | Zwem | PltsZwem | Wiss1 | Fiets | PltsFiets | NaFiets | PltsNaFie | Wiss2 | Loop | PltsLoop | Totaal Tij | DQ |
|------|---------|-----------------------|--------------|-----|---------|----------|----------|----------|----------|-----------|----------|-----------|----------|----------|----------|------------|----|
| 43 | 263 | Jacob Visser | GRONINGEN | MSR | 26 | 00:13:29 | 115 | 00:02:26 | 00:35:25 | 37 | 00:51:19 | 62 | 00:01:17 | 00:22:54 | 26 | 01:15:29 | |
| 44 | 340 | Alie Snoek | URK | VSR | 4 | 00:08:49 | 14 | 00:02:08 | 00:40:18 | 100 | 00:51:13 | 59 | 00:00:33 | 00:23:59 | 44 | 01:15:44 | |
| 45 | 278 | Rianne Snel | IJSSELSTEIN | VSR | 5 | 00:10:19 | 32 | 00:01:49 | 00:37:40 | 65 | 00:49:47 | 46 | 00:00:47 | 00:25:15 | 59 | 01:15:47 | |
| 46 | 344 | Wouter de Vries | URK | MSR | 27 | 00:12:28 | 94 | 00:02:12 | 00:36:50 | 51 | 00:51:30 | 63 | 00:01:12 | 00:23:29 | 35 | 01:16:10 | |
| 47 | 359 | Gunter Lok | WEESP | M40 | 14 | 00:10:34 | 40 | 00:03:49 | 00:34:36 | 28 | 00:48:58 | 39 | 00:00:55 | 00:26:28 | 75 | 01:16:20 | |
| 48 | 256 | Kris Stultiens | ENKHUIZEN | MSR | 28 | 00:11:45 | 69 | 00:02:54 | 00:36:19 | 46 | 00:50:57 | 56 | 00:01:16 | 00:24:20 | 46 | 01:16:33 | |
| 49 | 209 | Marielle Kok | ALMERE | V40 | 2 | 00:10:39 | 42 | 00:02:13 | 00:37:50 | 69 | 00:50:41 | 53 | 00:00:56 | 00:25:01 | 55 | 01:16:37 | |
| 50 | 338 | Kees Post | URK | M40 | 15 | 00:12:14 | 86 | 00:02:40 | 00:35:42 | 39 | 00:50:35 | 51 | 00:00:49 | 00:25:15 | 61 | 01:16:38 | |
| 51 | 335 | Jan Post | URK | MSR | 29 | 00:13:40 | 116 | 00:03:19 | 00:35:54 | 41 | 00:52:51 | 76 | 00:00:33 | 00:23:34 | 38 | 01:16:56 | |
| 52 | 61 | Geke Flach | HEEMSTED | VSR | 6 | 00:11:56 | 75 | 00:02:44 | 00:37:41 | 66 | 00:52:19 | 70 | 00:01:10 | 00:23:44 | 42 | 01:17:12 | |
| 53 | 272 | Harriët Koorn | HOOGMADE | VSR | 7 | 00:13:44 | 118 | 00:02:01 | 00:32:39 | 15 | 00:48:23 | 37 | 00:01:13 | 00:27:45 | 95 | 01:17:20 | |
| 54 | 222 | Rens Veerman | AMSTERDAM | M40 | 16 | 00:11:36 | 66 | 00:01:53 | 00:37:31 | 61 | 00:50:59 | 57 | 00:01:00 | 00:25:37 | 65 | 01:17:36 | |
| 55 | 258 | Hans-Jurgen Knappmann | ESPEL | M40 | 17 | 00:11:18 | 59 | 00:01:52 | 00:36:24 | 48 | 00:49:33 | 44 | 00:01:06 | 00:27:22 | 88 | 01:17:59 | |
| 56 | 299 | Roeland Vreeswijk | NIJKERK | MSR | 30 | 00:13:21 | 114 | 00:01:53 | 00:37:01 | 54 | 00:52:14 | 68 | 00:00:55 | 00:24:53 | 54 | 01:18:01 | |
| 57 | 343 | Tiny de Vries | URK | VSR | 8 | 00:11:17 | 57 | 00:01:57 | 00:39:59 | 95 | 00:53:11 | 79 | 00:00:29 | 00:24:24 | 49 | 01:18:03 | |
| 58 | 306 | Richard Nusteling | RIDDERKERK | M40 | 18 | 00:13:12 | 111 | 00:01:56 | 00:37:43 | 67 | 00:52:50 | 75 | 00:01:03 | 00:24:21 | 47 | 01:18:13 | |
| 59 | 358 | Miranda Goossens | WEESP | VSR | 9 | 00:12:41 | 99 | 00:03:23 | 00:36:18 | 45 | 00:52:21 | 71 | 00:01:25 | 00:24:28 | 50 | 01:18:14 | |
| 60 | 248 | Harry Feenstra | EMMELOORD | M40 | 19 | 00:11:57 | 77 | 00:02:14 | 00:34:57 | 35 | 00:49:07 | 41 | 00:01:02 | 00:28:08 | 100 | 01:18:17 | |
| 61 | 366 | Geoffrey Brookman | ZWOLLE | M40 | 20 | 00:11:53 | 74 | 00:02:42 | 00:37:31 | 62 | 00:52:06 | 66 | 00:01:09 | 00:25:07 | 57 | 01:18:20 | |
| 62 | 316 | Jan Bakker | URK | MSR | 31 | 00:12:25 | 91 | 00:02:18 | 00:35:51 | 40 | 00:50:34 | 50 | 00:00:38 | 00:27:14 | 85 | 01:18:25 | |
| 63 | 318 | Meindert de Boer | URK | MSR | 32 | 00:11:25 | 61 | 00:02:18 | 00:37:58 | 70 | 00:51:40 | 64 | 00:01:00 | 00:25:46 | 67 | 01:18:26 | |
| 64 | 255 | Richard de Wit | EMMELOORD | M40 | 21 | 00:12:39 | 96 | 00:03:22 | 00:34:43 | 29 | 00:50:43 | 54 | 00:01:29 | 00:26:27 | 73 | 01:18:39 | |
| 65 | 23 | Marijke de Laat | AMSTERDAM | VSR | 10 | 00:12:08 | 82 | 00:01:51 | 00:39:40 | 91 | 00:53:38 | 82 | 00:01:12 | 00:24:22 | 48 | 01:19:10 | |
| 66 | 305 | Sander Houthuizen | RIDDERKERK | MSR | 33 | 00:10:32 | 37 | 00:01:33 | 00:37:35 | 64 | 00:49:38 | 45 | 00:00:51 | 00:28:46 | 109 | 01:19:14 | |
| 67 | 240 | Titus Schoffelen | DRIEBERGEN | MSR | 34 | 00:10:28 | 36 | 00:01:47 | 00:39:02 | 78 | 00:51:15 | 60 | 00:02:15 | 00:25:59 | 69 | 01:19:28 | |
| 68 | 325 | Freek Koffeman | URK | MSR | 35 | 00:14:42 | 127 | 00:03:18 | 00:38:26 | 76 | 00:56:26 | 100 | 00:00:34 | 00:22:36 | 23 | 01:19:35 | |
| 69 | 349 | Liesbeth Kemkers | ZWOLLE | VSR | 11 | 00:11:47 | 70 | 00:02:50 | 00:36:03 | 42 | 00:50:39 | 52 | 00:01:13 | 00:27:45 | 96 | 01:19:37 | |
| 70 | 243 | Roelof Siepel | DRONTEN | M40 | 22 | 00:13:18 | 113 | 00:03:22 | 00:37:04 | 55 | 00:53:44 | 84 | 00:01:14 | 00:24:48 | 53 | 01:19:45 | |
| 71 | 204 | Marlous Droog | ALMERE | VSR | 12 | 00:08:48 | 13 | 00:01:46 | 00:39:29 | 88 | 00:50:03 | 47 | 00:01:01 | 00:29:01 | 112 | 01:20:03 | |
| 72 | 202 | Richard Belderok | ALMERE | MSR | 36 | 00:10:51 | 48 | 00:01:47 | 00:34:55 | 33 | 00:47:32 | 32 | 00:01:08 | 00:31:29 | 127 | 01:20:08 | |
| 73 | 277 | Matthijs Pouwels | IJSSELSTEIN | MSR | 37 | 00:10:49 | 45 | 00:02:24 | 00:39:24 | 86 | 00:52:35 | 72 | 00:00:54 | 00:26:44 | 80 | 01:20:12 | |
| 74 | 307 | Wendy Snel | RIDDERKERK | VSR | 13 | 00:11:18 | 58 | 00:01:33 | 00:40:50 | 104 | 00:53:40 | 83 | 00:00:51 | 00:26:13 | 70 | 01:20:42 | |
| 75 | 260 | Andre Kerbof | GORREDIJK | M40 | 23 | 00:10:49 | 46 | 00:03:07 | 00:39:52 | 94 | 00:53:47 | 85 | 00:01:19 | 00:25:52 | 68 | 01:20:57 | |
| 76 | 298 | Daan Vreeswijk | NIJKERK | MSR | 38 | 00:11:40 | 68 | 00:02:18 | 00:38:21 | 74 | 00:52:18 | 69 | 00:01:08 | 00:27:40 | 93 | 01:21:05 | |
| 77 | 326 | Jan Korf | URK | MSR | 39 | 00:14:15 | 122 | 00:02:50 | 00:39:39 | 90 | 00:56:43 | 102 | 00:00:56 | 00:23:35 | 39 | 01:21:13 | |
| 78 | 208 | Tom Jonker | ALMERE | MSR | 40 | 00:15:13 | 135 | 00:02:12 | 00:37:22 | 59 | 00:54:46 | 88 | 00:01:53 | 00:24:46 | 52 | 01:21:24 | |
| 79 | 284 | Frank Agricola | LELYSTAD | M40 | 24 | 00:13:04 | 109 | 00:03:00 | 00:36:55 | 52 | 00:52:58 | 77 | 00:01:31 | 00:26:58 | 83 | 01:21:26 | |
| 80 | 244 | Tineke van Berkum | ECHTENERBRUG | V40 | 3 | 00:11:09 | 55 | 00:01:53 | 00:39:06 | 79 | 00:52:07 | 67 | 00:01:18 | 00:28:23 | 105 | 01:21:47 | |
| 81 | 218 | Ryanne Westenberg | ALMERE | VSR | 14 | 00:12:12 | 84 | 00:01:58 | 00:39:14 | 82 | 00:53:23 | 81 | 00:00:48 | 00:27:40 | 94 | 01:21:50 | |
| 82 | 239 | Karin van Gog | DRACHTEN | V40 | 4 | 00:11:40 | 67 | 00:02:23 | 00:37:14 | 57 | 00:51:16 | 61 | 00:01:14 | 00:29:31 | 115 | 01:21:59 | |
| 83 | 230 | Eric van Telling | DE BILT | M40 | 25 | 00:12:59 | 107 | 00:02:37 | 00:36:15 | 43 | 00:51:51 | 65 | 00:01:51 | 00:28:23 | 104 | 01:22:04 | |
| 84 | 309 | Alexander Hubert | ROTTERDAM | MSR | 41 | 00:15:11 | 133 | 00:02:07 | 00:38:12 | 71 | 00:55:28 | 92 | 00:01:27 | 00:25:30 | 64 | 01:22:25 | |

3e Suydersee Triathlon Urk 13-08-2016

Uitslag Achtste Triathlon Overall

| Plts | StartNr | Naam | Woonplaats | Cat | PltsCat | Zwem | PltsZwem | Wiss1 | Fiets | PltsFiets | NaFiets | PltsNaFie | Wiss2 | Loop | PltsLoop | Totaal Tij | DQ |
|------|---------|------------------------|-----------------------|-----|---------|----------|----------|----------|----------|-----------|----------|-----------|----------|----------|----------|------------|----|
| 85 | 353 | Jörg Löhken | VELDHOVEN | M40 | 26 | 00:09:10 | 19 | 00:03:50 | 00:39:45 | 92 | 00:52:45 | 73 | 00:01:25 | 00:28:22 | 103 | 01:22:31 | |
| 86 | 242 | Rogier Bremer | DRONTEN | MSR | 42 | 00:15:23 | 141 | 00:03:48 | 00:39:12 | 81 | 00:58:23 | 115 | 00:00:55 | 00:23:21 | 32 | 01:22:37 | |
| 87 | 292 | Patrick Kuperus | MIDDENMEER | M40 | 27 | | 0 | | | 0 | | 0 | | | 0 | 01:22:46 | |
| 88 | 345 | Geert de Wit | URK | MSR | 43 | 00:12:08 | 83 | 00:02:26 | 00:40:42 | 102 | 00:55:14 | 89 | 00:00:36 | 00:27:19 | 87 | 01:23:08 | |
| 89 | 280 | Lieke Ouwerkerk | KRIMPEN AAN DE LEK | VSR | 15 | 00:10:26 | 34 | 00:02:51 | 00:39:59 | 96 | 00:53:15 | 80 | 00:01:30 | 00:28:34 | 107 | 01:23:17 | |
| 90 | 288 | Peter Wijnands | LELYSTAD | M40 | 28 | 00:11:56 | 76 | 00:03:06 | 00:39:45 | 93 | 00:54:46 | 87 | 00:01:47 | 00:26:47 | 81 | 01:23:19 | |
| 91 | 241 | Nynke Bremer | DRONTEN | VSR | 16 | 00:15:24 | 142 | 00:03:45 | 00:39:25 | 87 | 00:58:33 | 116 | 00:00:40 | 00:24:08 | 45 | 01:23:19 | |
| 92 | 279 | Johan Liefers | KAMPEN | MSR | 44 | 00:14:45 | 128 | 00:02:50 | 00:40:10 | 98 | 00:57:44 | 110 | 00:00:42 | 00:25:30 | 63 | 01:23:55 | |
| 93 | 321 | Stan Eskes | URK | MSR | 45 | 00:12:44 | 100 | 00:03:40 | 00:40:08 | 97 | 00:56:32 | 101 | 00:01:15 | 00:26:19 | 71 | 01:24:05 | |
| 94 | 291 | Bart Grasmeyer | MEPPEL | M40 | 29 | 00:13:03 | 108 | 00:03:50 | 00:39:11 | 80 | 00:56:04 | 97 | 00:04:33 | 00:23:33 | 37 | 01:24:08 | |
| 95 | 249 | Lianne van de Guchte | EMMELOORD | V40 | 5 | 00:14:17 | 123 | 00:02:21 | 00:40:15 | 99 | 00:56:52 | 103 | 00:01:10 | 00:26:28 | 76 | 01:24:29 | |
| 96 | 327 | Marja Kramer | URK | VSR | 17 | 00:11:29 | 64 | 00:01:51 | 00:42:59 | 122 | 00:56:18 | 99 | 00:00:48 | 00:27:46 | 97 | 01:24:51 | |
| 97 | 315 | Iris Vernimmen | UITHOORN | VSR | 18 | 00:11:27 | 62 | 00:02:42 | 00:41:50 | 111 | 00:55:58 | 96 | 00:00:41 | 00:28:46 | 110 | 01:25:24 | |
| 98 | 324 | Emma Jongman | Urk | VSR | 19 | 00:12:27 | 93 | 00:02:07 | 00:43:42 | 128 | 00:58:16 | 113 | 00:00:50 | 00:26:37 | 77 | 01:25:42 | |
| 99 | 266 | Annika Heijnen | HARDERWIJK | VSR | 20 | 00:15:17 | 138 | 00:02:18 | 00:38:15 | 72 | 00:55:49 | 95 | 00:01:25 | 00:28:35 | 108 | 01:25:48 | |
| 100 | 286 | Anne Hessels | LELYSTAD | M40 | 30 | 00:12:58 | 106 | 00:03:21 | 00:39:20 | 85 | 00:55:38 | 93 | 00:01:45 | 00:29:03 | 113 | 01:26:25 | |
| 101 | 362 | Dick van Beuzekom | WOERDEN | M40 | 31 | 00:10:57 | 51 | 00:02:29 | 00:39:36 | 89 | 00:53:01 | 78 | 00:01:22 | 00:32:20 | 134 | 01:26:42 | |
| 102 | 323 | Willem Hoekstra | URK | MSR | 46 | 00:12:50 | 104 | 00:03:04 | 00:42:30 | 114 | 00:58:22 | 114 | 00:01:12 | 00:27:16 | 86 | 01:26:50 | |
| 103 | 363 | John Brandsen | WOERDEN | M40 | 32 | 00:09:51 | 26 | 00:02:33 | 00:42:57 | 121 | 00:55:20 | 90 | 00:01:11 | 00:30:22 | 119 | 01:26:52 | |
| 104 | 205 | Sanne Goosen | ALMERE | VSR | 21 | 00:11:08 | 54 | 00:02:33 | 00:41:48 | 110 | 00:55:28 | 91 | 00:00:56 | 00:30:48 | 124 | 01:27:12 | |
| 105 | 337 | Karina Post | URK | VSR | 22 | 00:13:05 | 110 | 00:03:01 | 00:42:43 | 117 | 00:58:48 | 117 | 00:01:05 | 00:27:28 | 92 | 01:27:20 | |
| 106 | 336 | Jan Post | URK | MSR | 47 | 00:15:14 | 137 | 00:03:17 | 00:40:29 | 101 | 00:58:59 | 118 | 00:01:22 | 00:27:26 | 91 | 01:27:45 | |
| 107 | 351 | Dionne Epskamp | VEENENDAAL | VSR | 23 | 00:11:52 | 73 | 00:01:48 | 00:41:05 | 106 | 00:54:43 | 86 | 00:00:52 | 00:32:28 | 135 | 01:28:03 | |
| 108 | 250 | Daphne Hellendoorn-Bos | EMMELOORD | VSR | 24 | 00:13:53 | 120 | 00:02:35 | 00:41:15 | 107 | 00:57:42 | 109 | 00:01:36 | 00:28:52 | 111 | 01:28:09 | |
| 109 | 227 | Michel Degeling | BLOEMENDAAL | M40 | 33 | 00:15:09 | 132 | 00:03:46 | 00:41:02 | 105 | 00:59:55 | 124 | 00:01:41 | 00:26:43 | 79 | 01:28:18 | |
| 110 | 304 | Laura van der Waal | PAPENDRECHT | V40 | 6 | 00:12:21 | 89 | 00:03:12 | 00:40:42 | 103 | 00:56:14 | 98 | 00:01:43 | 00:30:26 | 121 | 01:28:22 | |
| 111 | 281 | Ralph Ypes | LAREN | MSR | 48 | 00:12:26 | 92 | 00:03:37 | 00:43:17 | 124 | 00:59:19 | 120 | 00:01:11 | 00:27:53 | 98 | 01:28:22 | |
| 112 | 308 | Edwin Vermaas | RIDDERKERK | MSR | 49 | 00:14:34 | 125 | 00:02:49 | 00:38:24 | 75 | 00:55:47 | 94 | 00:01:30 | 00:31:22 | 126 | 01:28:38 | |
| 113 | 342 | Lubette van Urk | URK | VSR | 25 | 00:12:14 | 85 | 00:03:03 | 00:46:13 | 141 | 01:01:29 | 129 | 00:00:51 | 00:26:28 | 74 | 01:28:46 | |
| 114 | 333 | Klaas Molenaar | URK | M40 | 34 | 00:11:27 | 63 | 00:03:02 | 00:38:18 | 73 | 00:52:46 | 74 | 00:01:15 | 00:34:48 | 146 | 01:28:47 | |
| 115 | 329 | Jeltje Loosman | URK | V40 | 7 | 00:12:40 | 98 | 00:02:54 | 00:42:27 | 113 | 00:58:00 | 112 | 00:00:52 | 00:29:58 | 116 | 01:28:49 | |
| 116 | 314 | Marc Lebbink | TOLLEBEEK | MSR | 50 | 00:12:46 | 102 | 00:02:39 | 00:44:05 | 131 | 00:59:28 | 121 | 00:01:06 | 00:28:19 | 102 | 01:28:52 | |
| 117 | 247 | Sjoerd Dijkstra | EMMELOORD | M40 | 35 | 00:15:28 | 145 | 00:03:08 | 00:38:41 | 77 | 00:57:17 | 106 | 00:01:23 | 00:30:24 | 120 | 01:29:02 | |
| 118 | 293 | Henriette Joanknecht | MILLINGEN AAN DE RIJN | V40 | 8 | 00:11:30 | 65 | 00:02:41 | 00:43:27 | 126 | 00:57:37 | 107 | 00:01:22 | 00:30:08 | 117 | 01:29:06 | |
| 119 | 317 | Pieter Bakker | URK | M40 | 36 | 00:12:45 | 101 | 00:02:39 | 00:41:48 | 109 | 00:57:11 | 105 | 00:01:39 | 00:30:22 | 118 | 01:29:11 | |
| 120 | 360 | Remco Saurens | WEMELDINGE | MSR | 51 | 00:12:21 | 90 | 00:04:55 | 00:42:54 | 120 | 01:00:09 | 125 | 00:02:13 | 00:26:57 | 82 | 01:29:18 | |
| 121 | 282 | Martin Boomgaardt | LEEWARDEN | M40 | 37 | 00:11:05 | 52 | 00:04:21 | 00:43:52 | 130 | 00:59:18 | 119 | 00:02:06 | 00:28:17 | 101 | 01:29:40 | |
| 122 | 213 | Sander Prins | ALMERE | MSR | 52 | 00:08:50 | 15 | 00:01:22 | 00:57:36 | 158 | 01:07:47 | 148 | 00:00:35 | 00:21:37 | 14 | 01:29:58 | |
| 123 | 371 | Kees van keulen | Urk | mSR | 53 | 00:16:01 | 148 | 00:02:43 | 00:44:31 | 135 | 01:03:14 | 138 | 00:00:38 | 00:26:42 | 78 | 01:30:33 | |
| 124 | 210 | Suzanne Kortekaas | ALMERE | VSR | 26 | 00:12:07 | 80 | 00:03:24 | 00:44:10 | 132 | 00:59:40 | 122 | 00:01:22 | 00:30:45 | 123 | 01:31:45 | |
| 125 | 357 | Edwin Smit | VOLLENHOVE | MSR | 54 | 00:15:05 | 131 | 00:05:16 | 00:41:47 | 108 | 01:02:07 | 132 | 00:01:37 | 00:28:25 | 106 | 01:32:08 | |
| 126 | 302 | Riki Creemers | OSSENZIJL | V40 | 9 | 00:15:14 | 136 | 00:03:39 | 00:43:19 | 125 | 01:02:11 | 133 | 00:02:01 | 00:29:14 | 114 | 01:33:25 | |

3e Suydersee Triathlon Urk 13-08-2016

Uitslag Achtste Triathlon Overall

| Plts | StartNr | Naam | Woonplaats | Cat | PltsCat | Zwem | PltsZwem | Wiss1 | Fiets | PltsFiets | NaFiets | PltsNaFie | Wiss2 | Loop | PltsLoop | Totaal Tij | DQ |
|------|---------|-------------------------|-----------------|------|---------|----------|----------|----------|----------|-----------|----------|-----------|----------|----------|----------|------------|----|
| 127 | 225 | Natalie Sturkenboom | BIDDINGHUIZEN | VSR | 27 | 00:15:20 | 139 | 00:04:35 | 00:43:52 | 129 | 01:03:46 | 140 | 00:02:19 | 00:27:22 | 89 | 01:33:26 | |
| 128 | 226 | Sudi Broertjes-Arulandu | Amesfoort | VSR | 28 | 00:15:35 | 146 | 00:06:08 | 00:42:24 | 112 | 01:04:06 | 141 | 00:01:59 | 00:27:22 | 90 | 01:33:26 | |
| 129 | 264 | Krishnan Gonesh | H.I.AMBACHT | M40 | 38 | 00:16:46 | 153 | 00:01:38 | 00:39:19 | 84 | 00:57:41 | 108 | 00:01:58 | 00:33:56 | 144 | 01:33:34 | |
| 130 | 334 | Grietje Post | URK | VSR | 29 | 00:14:21 | 124 | 00:02:53 | 00:43:12 | 123 | 01:00:24 | 126 | 00:01:01 | 00:32:11 | 132 | 01:33:35 | |
| 131 | 297 | Susan Bokkers-Huisman | NIJKERK | VSR | 30 | 00:11:08 | 53 | 00:02:11 | 00:44:42 | 136 | 00:58:00 | 111 | 00:01:03 | 00:34:55 | 147 | 01:33:57 | |
| 132 | 361 | Pascale Vale | WEMELDINGE | V40 | 10 | 00:12:39 | 95 | 00:03:55 | 00:45:47 | 138 | 01:02:19 | 134 | 00:01:40 | 00:30:37 | 122 | 01:34:36 | |
| 133 | 253 | Esther de Rond | EMMELOORD | VSR | 31 | 00:11:50 | 71 | 00:02:39 | 00:42:42 | 116 | 00:57:10 | 104 | 00:01:31 | 00:36:40 | 151 | 01:35:20 | |
| 134 | 313 | Miranda Witte | SWIFTERBANT | V40 | 11 | 00:16:15 | 149 | 00:03:32 | 00:46:12 | 140 | 01:05:57 | 143 | 00:01:26 | 00:27:59 | 99 | 01:35:21 | |
| 135 | 238 | Marian de Jong | DORDRECHT | V40 | 12 | 00:14:36 | 126 | 00:03:46 | 00:44:26 | 134 | 01:02:47 | 136 | 00:01:08 | 00:31:50 | 128 | 01:35:44 | |
| 136 | 365 | Vera Casteleijn | ZEEWOLDE | V40 | 13 | 00:13:43 | 117 | 00:03:09 | 00:45:49 | 139 | 01:02:40 | 135 | 00:00:55 | 00:32:14 | 133 | 01:35:47 | |
| 137 | 265 | Bert Schwebke | HALFWEG | M40 | 39 | 00:15:22 | 140 | 00:02:59 | 00:42:40 | 115 | 01:01:00 | 128 | 00:02:47 | 00:32:08 | 131 | 01:35:54 | |
| 138 | 231 | Corrie de Jager | DE WAAL - TEXEL | V40 | 14 | 00:12:06 | 79 | 00:03:48 | 00:45:46 | 137 | 01:01:39 | 130 | 00:01:43 | 00:32:47 | 139 | 01:36:09 | |
| 139 | 300 | Fera Dam | NOARDBURGUM | VSR | 32 | 00:16:18 | 150 | 00:02:33 | 00:42:51 | 119 | 01:01:41 | 131 | 00:02:31 | 00:31:58 | 129 | 01:36:09 | |
| 140 | 346 | Geert Glimmerveen | UTRECHT | M40 | 40 | | 0 | | | 0 | | 0 | | | 0 | 01:36:48 | |
| 141 | 251 | Ingrid Herder-Medemblik | EMMELOORD | VSR | 33 | 00:09:58 | 28 | 00:03:02 | 00:46:53 | 143 | 00:59:52 | 123 | 00:00:51 | 00:36:43 | 152 | 01:37:25 | |
| 142 | 232 | Rob Teisman | DE WAAL - TEXEL | M40 | 41 | 00:12:48 | 103 | 00:03:49 | 00:46:57 | 144 | 01:03:33 | 139 | 00:02:07 | 00:32:30 | 136 | 01:38:09 | |
| 143 | 312 | Daphne van den Oever | SPIJKENISSE | VSR | 34 | 00:13:17 | 112 | 00:02:53 | 00:44:24 | 133 | 01:00:33 | 127 | 00:02:19 | 00:37:04 | 153 | 01:39:55 | |
| 144 | 330 | Mieneke Loosman | URK | V40 | 15 | 00:14:59 | 129 | 00:03:22 | 00:48:43 | 149 | 01:07:03 | 145 | 00:01:01 | 00:32:47 | 138 | 01:40:50 | |
| 145 | 237 | Joke Heijmans | DORDRECHT | V40 | 16 | 00:15:38 | 147 | 00:04:09 | 00:47:36 | 146 | 01:07:22 | 147 | 00:00:49 | 00:33:21 | 142 | 01:41:31 | |
| 146 | 257 | Angeliek Knappmann | ESPEL | V40 | 17 | 00:15:00 | 130 | 00:03:11 | 00:46:30 | 142 | 01:04:41 | 142 | 00:01:02 | 00:36:15 | 150 | 01:41:56 | |
| 147 | 221 | Monetta Ulrici | AMSTERDAM | V40 | 18 | 00:15:25 | 143 | 00:04:17 | 00:48:21 | 148 | 01:08:03 | 149 | 00:01:51 | 00:32:05 | 130 | 01:41:57 | |
| 148 | 328 | Eline Loosman | URK | VSR | 35 | 00:16:53 | 154 | 00:03:45 | 00:49:24 | 152 | 01:10:01 | 152 | 00:00:53 | 00:31:06 | 125 | 01:42:00 | |
| 149 | 352 | Harrie Epskamp | VEENENDAAL | M40 | 42 | 00:21:02 | 160 | 00:03:23 | 00:42:47 | 118 | 01:07:11 | 146 | 00:00:58 | 00:35:09 | 148 | 01:43:16 | |
| 150 | 369 | Team Fleur Wierda | Emmeloord | BIJZ | 1 | 00:14:03 | 121 | 00:02:28 | 00:53:16 | 156 | 01:09:46 | 151 | 00:01:45 | 00:32:36 | 137 | 01:44:06 | |
| 151 | 259 | Christa Ellen | EZINGE | V40 | 19 | 00:13:51 | 119 | 00:05:22 | 00:47:25 | 145 | 01:06:37 | 144 | 00:02:04 | 00:37:33 | 154 | 01:46:14 | |
| 152 | 234 | Henriette ten Berge | DEN HAAG | VSR | 36 | 00:17:21 | 155 | 00:03:35 | 00:49:34 | 153 | 01:10:29 | 154 | 00:02:53 | 00:34:05 | 145 | 01:47:25 | |
| 153 | 261 | Irma van Dam | GRONINGEN | VSR | 37 | 00:16:30 | 152 | 00:03:39 | 00:52:27 | 155 | 01:12:35 | 155 | 00:01:57 | 00:32:58 | 140 | 01:47:29 | |
| 154 | 274 | Fabian Mentink | HOORN | MSR | 55 | 00:21:00 | 159 | 00:02:59 | 00:49:15 | 151 | 01:13:13 | 156 | 00:01:38 | 00:33:03 | 141 | 01:47:53 | |
| 155 | 347 | Hanneke Schreuder | UTRECHT | V40 | 20 | 00:16:23 | 151 | 00:04:07 | 00:47:39 | 147 | 01:08:08 | 150 | 00:02:24 | 00:37:35 | 155 | 01:48:05 | |
| 156 | 252 | Yme Mein | EMMELOORD | MSR | 56 | 00:15:27 | 144 | 00:04:08 | 00:43:27 | 127 | 01:03:02 | 137 | 00:01:55 | 00:43:34 | 157 | 01:48:29 | |
| 157 | 283 | Astrid Zijlstra | LEKKUM | V40 | 21 | 00:15:13 | 134 | 00:02:40 | 00:52:13 | 154 | 01:10:05 | 153 | 00:01:46 | 00:37:53 | 156 | 01:49:42 | |
| 158 | 356 | Gerda Schillemans | VOLLENHOVE | V40 | 22 | 00:21:19 | 161 | 00:04:25 | 00:49:03 | 150 | 01:14:45 | 157 | 00:01:51 | 00:33:51 | 143 | 01:50:27 | |
| 159 | 368 | Team Noah Brethouwer | Aalten | BIJZ | 2 | 00:18:12 | 158 | 00:01:40 | 00:57:55 | 159 | 01:17:46 | 158 | 00:02:20 | 00:35:44 | 149 | 01:55:49 | |
| 160 | 235 | Karin Harmsen | DEN HAAG | V40 | 23 | 00:17:27 | 156 | 00:06:48 | 00:55:02 | 157 | 01:19:16 | 159 | 00:04:15 | 00:44:37 | 158 | 02:08:07 | |
| 161 | 355 | Lars Koster | VENHUIZEN | MSR | 57 | 00:17:34 | 157 | 00:04:04 | 01:19:51 | 160 | 01:41:28 | 160 | | | 0 | 02:10:48 | |
| 162 | 246 | Arjen Dijkstra | EMMELOORD | M40 | 0 | 00:12:40 | 97 | 00:03:10 | | 0 | | 0 | | | 0 | | |
| 163 | 331 | Wilbert Mazereeuw | URK | M40 | 0 | 00:08:45 | 11 | 00:01:58 | 00:37:30 | 60 | 00:48:13 | 36 | | | 0 | | |