

2e Suydersee Triathlon Urk 15-08-2015

Uitslag Overall

Plts	StartNr	Naam	Woonplaats	Cat	PltsCat	Zwem	PltsZwem	Wiss1	Fiets	PltsFiets	NaFiets	PltsNaFie	Wiss2	Loop	PltsLoop	TotaalTijd	DQ
1	2	Tjardo Visser	Almere	MSR	1	00:06:39	2	00:01:09	00:32:10	4	00:39:57	1	00:00:38	00:18:37	3	00:59:10	
2	3	Jarrich van Woersem	Almere	MSR	2	00:06:32	1	00:01:04	00:32:25	7	00:40:00	2	00:00:41	00:18:58	8	00:59:38	
3	29	Cees Colijn	AMERSFOORT	M40	1	00:07:35	6	00:01:23	00:31:20	1	00:40:17	3	00:00:37	00:18:54	7	00:59:46	
4	124	Merijn Ellenkamp	UTRECHT	MSR	3	00:06:43	3	00:01:09	00:32:33	11	00:40:24	5	00:00:41	00:18:46	5	00:59:50	
5	44	Emiel van Tongerlo	ANNA PAULOWNA	MSR	4	00:07:29	5	00:01:22	00:31:32	2	00:40:21	4	00:00:45	00:19:38	11	01:00:44	
6	191	Rene Hoep	Breezand	MSR	5	00:08:26	17	00:01:18	00:32:29	10	00:42:12	9	00:00:42	00:18:50	6	01:01:43	
7	142	Remko van Hove	ALKMAAR	M40	2	00:08:16	12	00:01:36	00:32:19	5	00:42:11	8	00:00:50	00:19:23	9	01:02:24	
8	11	André Plette	OOSTERWOLDE	MSR	6	00:08:51	29	00:01:40	00:32:53	13	00:43:23	11	00:00:51	00:18:22	2	01:02:35	
9	137	Peter van Grootheest	ZWOLLE	M40	3	00:07:21	4	00:01:24	00:32:36	12	00:41:20	6	00:01:02	00:20:23	19	01:02:44	
10	117	Marten Visser	ALMERE	MSR	7	00:08:23	15	00:01:36	00:32:04	3	00:42:02	7	00:00:56	00:19:51	14	01:02:49	
11	134	Paul Nieuwenhuizen	SCHOORL	MSR	8	00:08:32	20	00:01:20	00:32:25	8	00:42:16	10	00:00:44	00:20:55	25	01:03:54	
12	190	Pieter Crombach	Utrecht	MSR	9	00:08:01	8	00:01:16	00:34:39	26	00:43:55	12	00:00:46	00:19:42	12	01:04:22	
13	28	Cees Snoek	URK	MSR	10	00:09:28	47	00:01:15	00:34:20	23	00:45:01	22	00:00:37	00:20:00	16	01:05:38	
14	132	Otto Doornbos	EMMELOORD	MSR	11	00:08:29	18	00:01:53	00:33:47	17	00:44:09	15	00:01:03	00:20:27	21	01:05:38	
15	58	Gianluca Assorgia	DEN HELDER	MSR	12	00:08:15	10	00:02:05	00:36:03	45	00:46:23	32	00:01:09	00:18:22	1	01:05:53	
16	189	Jeffrey Monshouwer	Middenmeer	MSR	13	00:08:46	25	00:01:41	00:33:38	16	00:44:04	14	00:00:55	00:20:59	26	01:05:57	
17	161	Stef Zwitser	VOORHOUT	MSR	14	00:09:36	50	00:01:57	00:34:02	20	00:45:33	27	00:00:48	00:20:23	20	01:06:43	
18	169	TjalfPieter Hek	JULIANADORP	MSR	15	00:08:15	9	00:01:17	00:34:52	31	00:44:22	16	00:00:43	00:21:40	33	01:06:45	
19	50	Frank Veltman	ALMERE	M40	4	00:08:44	24	00:01:32	00:34:48	30	00:45:04	23	00:00:57	00:20:49	24	01:06:49	
20	144	Richard Schrijver	RUTTEN	M40	5	00:09:00	34	00:01:31	00:34:21	24	00:44:52	18	00:00:56	00:21:04	28	01:06:51	
21	145	Rik Jansen	STAPHORST	MSR	16	00:09:29	48	00:01:31	00:33:37	15	00:44:36	17	00:00:45	00:21:44	34	01:07:04	
22	136	Peter Visscher	DE WIJK	M40	6	00:09:02	35	00:01:46	00:33:11	14	00:43:58	13	00:00:50	00:22:27	45	01:07:14	
23	31	Chris Ruisch	EMMELOORD	MSR	17	00:08:20	14	00:01:39	00:35:45	40	00:45:44	28	00:00:37	00:21:02	27	01:07:21	
24	184	Pim Veldhuis	Utrecht	MSR	18	00:09:47	54	00:01:19	00:33:55	18	00:45:00	21	00:00:52	00:21:57	36	01:07:48	
25	112	Marieke van Lierop	SCHAGEN	VSR	1	00:09:37	51	00:01:24	00:34:14	22	00:45:14	26	00:00:46	00:21:54	35	01:07:53	
26	71	Jan Loosman	URK	MSR	19	00:10:41	74	00:01:52	00:35:09	33	00:47:40	41	00:00:31	00:19:52	15	01:08:02	
27	69	Jacob Snoek	URK	MSR	20	00:10:02	59	00:01:48	00:34:32	25	00:46:21	31	00:00:50	00:21:25	32	01:08:34	
28	119	Martijn Knevelbaard	GRONINGEN	MSR	21	00:08:59	33	00:01:50	00:34:12	21	00:45:00	20	00:01:02	00:22:52	52	01:08:53	
29	51	Fré Adema	ORANJEWOUDE	M40	7	00:09:06	36	00:02:03	00:33:58	19	00:45:06	24	00:00:54	00:23:05	59	01:09:04	
30	79	Jessica Glasbergen	DEN HELDER	VSR	2	00:08:34	22	00:01:49	00:34:47	29	00:45:09	25	00:00:50	00:23:06	60	01:09:04	
31	68	Irvin van der Waal	PAPENDRECHT	M40	8	00:08:48	27	00:02:27	00:34:40	27	00:45:54	29	00:01:05	00:22:43	48	01:09:40	
32	93	Kees van de Wetering	IJSSELMUIDEN	M40	9	00:08:53	30	00:01:30	00:36:14	48	00:46:37	34	00:01:10	00:22:08	40	01:09:54	
33	56	Gerrit Griffioen	EMMELOORD	MSR	22	00:09:25	43	00:02:29	00:35:59	42	00:47:52	44	00:00:52	00:21:21	31	01:10:04	
34	148	Robbert Jak	DEN HELDER	M40	10	00:07:57	7	00:02:37	00:37:57	72	00:48:30	49	00:01:17	00:20:22	18	01:10:08	
35	146	Rik Brouwer	NIJMEGEN	MSR	23	00:11:52	108	00:01:54	00:32:26	9	00:46:11	30	00:01:12	00:22:51	51	01:10:12	
36	46	Erik van der Veen	VOLLENHOVE	MSR	24	00:10:24	66	00:02:13	00:35:37	38	00:48:13	48	00:01:08	00:21:15	29	01:10:35	
37	77	Jeroen de Zinger	BAARN	MSR	25	00:09:27	46	00:01:30	00:36:03	44	00:46:59	36	00:00:51	00:22:52	53	01:10:41	

2e Suydersee Triathlon Urk 15-08-2015

Uitslag Overall

Plts	StartNr	Naam	Woonplaats	Cat	PltsCat	Zwem	PltsZwem	Wiss1	Fiets	PltsFiets	NaFiets	PltsNaFie	Wiss2	Loop	PltsLoop	TotaalTijd	DQ
38	131	Olaf van Campen	EMMELOORD	MSR	26	00:10:19	64	00:01:49	00:34:43	28	00:46:50	35	00:01:13	00:22:50	50	01:10:53	
39	154	Roy Kreeft	KLAZIENAVEEN	MSR	27	00:10:38	71	00:02:47	00:35:59	43	00:49:23	59	00:01:14	00:20:33	23	01:11:09	
40	22	Bas Stevens	EMMELOORD	MSR	28	00:11:29	99	00:02:33	00:36:34	51	00:50:35	70	00:01:07	00:19:35	10	01:11:16	
41	94	Kees Greidanus	BILTHOVEN	M40	11	00:10:40	73	00:02:04	00:36:05	46	00:48:47	53	00:01:15	00:21:16	30	01:11:17	
42	167	Tim Brouwer	URK	MSR	29	00:09:46	53	00:01:57	00:35:32	37	00:47:15	39	00:01:02	00:23:04	58	01:11:20	
43	165	Teunis Hoefnagel	URK	MSR	30	00:10:27	67	00:02:03	00:32:24	6	00:44:53	19	00:01:31	00:25:02	96	01:11:25	
44	163	Tanya ten Velden	ALKMAAR	VSR	3	00:08:16	11	00:01:18	00:37:29	63	00:47:02	37	00:00:55	00:24:05	81	01:12:00	
45	186	Fred Reitsma	Emmeloord	M40	12	00:11:00	88	00:02:54	00:38:26	78	00:52:19	83	00:01:01	00:18:44	4	01:12:03	
46	188	Rien Fokkens	Zeewolde	M40	13	00:10:59	87	00:01:54	00:35:40	39	00:48:32	50	00:01:05	00:22:32	46	01:12:08	
47	100	Laura van den Heuvel	ANNA PAULOWNA	VSR	4	00:09:26	44	00:01:38	00:36:55	55	00:47:57	45	00:00:59	00:23:42	70	01:12:37	
48	39	Derek Haenen	ALMERE	MSR	31	00:08:25	16	00:01:33	00:36:30	50	00:46:28	33	00:01:01	00:25:11	98	01:12:39	
49	178	Wilma de Vries	GRONINGEN	VSR	5	00:09:14	37	00:01:24	00:37:34	65	00:48:11	47	00:01:07	00:23:30	67	01:12:47	
50	13	Anne Runia	LEEUWARDEN	MSR	32	00:12:28	121	00:02:20	00:34:58	32	00:49:45	61	00:01:03	00:22:03	37	01:12:49	
51	175	Willem Ariens	RAVENSTEIN	M40	14	00:10:30	68	00:01:58	00:35:18	34	00:47:45	42	00:00:57	00:24:09	84	01:12:50	
52	139	Pim Ariens	RAVENSTEIN	MSR	33	00:09:16	38	00:01:47	00:36:47	53	00:47:48	43	00:00:46	00:24:24	88	01:12:57	
53	87	Jos ten Velden	DEN HELDER	M40	15	00:09:33	49	00:01:28	00:39:01	91	00:50:00	62	00:00:48	00:22:11	42	01:12:59	
54	152	Romy Spoelder	ALMERE	VSR	6	00:08:20	13	00:01:22	00:39:29	98	00:49:10	57	00:00:41	00:23:10	61	01:13:00	
55	109	Marcel Kanselaar	LELYSTAD	MSR	34	00:09:49	55	00:02:16	00:35:22	35	00:47:27	40	00:01:18	00:24:40	90	01:13:24	
56	80	Joey Hidding	ALKMAAR	MSR	35	00:10:52	82	00:01:45	00:36:27	49	00:49:03	55	00:00:52	00:23:48	73	01:13:42	
57	32	Christiaan Donkelaar	DELFT	MSR	36	00:08:34	21	00:01:45	00:36:52	54	00:47:10	38	00:00:56	00:25:45	110	01:13:49	
58	23	Bastiaan Schaap	APELDOORN	MSR	37	00:10:47	80	00:01:46	00:37:35	66	00:50:07	65	00:01:11	00:22:40	47	01:13:56	
59	53	Geert Hoekstra	URK	MSR	38	00:11:23	94	00:04:21	00:37:33	64	00:53:17	97	00:00:57	00:19:45	13	01:13:59	
60	66	Henrie de Bruin	LISSE	M40	16	00:09:17	39	00:02:41	00:37:04	57	00:49:01	54	00:00:59	00:24:08	82	01:14:07	
61	151	Rogier Bremer	DRONTEN	MSR	39	00:10:12	63	00:02:16	00:36:07	47	00:48:33	51	00:01:20	00:24:18	87	01:14:11	
62	156	Sander Kijk in de Vegt	KLAZIENAVEEN	M40	17	00:09:22	42	00:02:18	00:37:46	70	00:49:25	60	00:01:01	00:24:11	85	01:14:36	
63	8	Alexander Hoffman	WEESP	MSR	40	00:12:15	116	00:02:06	00:37:00	56	00:51:20	73	00:01:15	00:22:08	41	01:14:43	
64	60	Hans-Jurgen Knappmann	ESPEL	M40	18	00:09:21	41	00:01:38	00:37:09	58	00:48:07	46	00:01:04	00:25:43	109	01:14:53	
65	113	Marielle Kok	ALMERE	V40	1	00:09:55	57	00:02:06	00:38:09	75	00:50:08	67	00:01:11	00:23:42	69	01:15:01	
66	76	Jeroen van Daalen	DUIVEN	MSR	41	00:09:19	40	00:02:38	00:42:18	138	00:54:13	109	00:00:56	00:20:14	17	01:15:23	
67	118	Martijn Borst	ALMERE HAVEN	MSR	42	00:11:01	89	00:01:39	00:37:45	69	00:50:24	69	00:01:05	00:24:05	80	01:15:33	
68	149	Robert Nijland	PANNERDEN	MSR	43	00:10:08	62	00:02:07	00:39:34	99	00:51:48	74	00:01:31	00:22:17	43	01:15:36	
69	155	Sander Geertsma	WEESP	M40	19	00:10:46	79	00:02:13	00:35:45	41	00:48:43	52	00:01:21	00:25:37	108	01:15:40	
70	62	Harry Feenstra	EMMELOORD	M40	20	00:11:48	105	00:02:01	00:35:30	36	00:49:19	58	00:00:57	00:25:30	106	01:15:45	
71	64	Hendrik Westra	URK	MSR	44	00:12:09	113	00:02:37	00:39:51	104	00:54:36	114	00:00:45	00:20:29	22	01:15:50	
72	30	Charissa Zijlstra	LEKKUM	VSR	7	00:08:49	28	00:01:12	00:40:12	107	00:50:11	68	00:00:46	00:25:16	103	01:16:12	
73	176	Willem de Borst	URK	MSR	45	00:12:51	135	00:01:35	00:36:45	52	00:51:10	72	00:00:55	00:24:12	86	01:16:16	

2e Suydersee Triathlon Urk 15-08-2015

Uitslag Overall

Plts	StartNr	Naam	Woonplaats	Cat	PltsCat	Zwem	PltsZwem	Wiss1	Fiets	PltsFiets	NaFiets	PltsNaFie	Wiss2	Loop	PltsLoop	TotaalTijd	DQ
74	10	Alie Snoek	URK	VSR	8	00:08:47	26	00:01:36	00:41:27	127	00:51:49	75	00:00:37	00:23:56	78	01:16:21	
75	133	Patricia Seinen	ZWOLLE	V40	2	00:10:43	78	00:01:48	00:37:35	67	00:50:05	64	00:01:06	00:25:16	102	01:16:26	
76	141	Reinco Klappe	VOLLENHOVE	M40	21	00:13:26	153	00:02:04	00:37:15	59	00:52:44	90	00:01:22	00:22:23	44	01:16:27	
77	120	Martijn Visser	MIDLUM	MSR	46	00:12:47	132	00:02:11	00:37:20	60	00:52:16	81	00:01:21	00:23:01	56	01:16:37	
78	105	Luuk Lubbers	LEIDEN	MSR	47	00:09:50	56	00:02:22	00:37:50	71	00:50:02	63	00:01:22	00:25:27	105	01:16:49	
79	16	Arend Enting	ORVELTE	M40	22	00:11:46	103	00:01:54	00:38:33	80	00:52:11	80	00:01:02	00:23:51	75	01:17:03	
80	159	Sjaco Wierda	EMMELOORD	M40	23		0			0		0			0	01:17:06	
81	173	Wiebe Metselaar	ZWOLLE	MSR	48	00:12:03	112	00:02:42	00:37:39	68	00:52:23	84	00:01:05	00:23:52	76	01:17:19	
82	59	Hans Straathof	LELYSTAD	M40	24	00:10:53	83	00:03:11	00:39:00	90	00:53:04	92	00:01:27	00:23:12	62	01:17:41	
83	36	Cornelis Meun	URK	M40	25	00:12:42	128	00:02:17	00:38:45	87	00:53:43	105	00:01:12	00:22:48	49	01:17:42	
84	24	Bert van Slooten	URK	M40	26	00:10:37	70	00:02:04	00:40:00	106	00:52:40	89	00:01:24	00:23:53	77	01:17:56	
85	164	Tessa Zwitser	VOORHOUT	VSR	9	00:10:03	60	00:01:41	00:37:22	62	00:49:05	56	00:01:20	00:27:37	137	01:18:01	
86	75	Jeroen Thalen	HOOGVEEN	MSR	49	00:11:44	102	00:03:22	00:38:30	79	00:53:36	103	00:01:30	00:23:02	57	01:18:07	
87	182	Jan Jongman	Urk	M40	27	00:13:23	152	00:01:46	00:38:42	84	00:53:50	106	00:01:07	00:23:15	63	01:18:11	
88	153	Roy Berkhout	ROTTERDAM	MSR	50	00:12:30	123	00:01:46	00:39:37	100	00:53:53	107	00:01:29	00:22:59	55	01:18:20	
89	27	Cees Kramer	URK	M40	28	00:10:39	72	00:02:33	00:40:16	108	00:53:27	99	00:01:15	00:23:46	72	01:18:26	
90	102	Linda Schwering	VOLLENHOVE	VSR	10	00:11:28	97	00:01:53	00:40:52	120	00:54:11	108	00:01:25	00:22:55	54	01:18:30	
91	166	Theo Breimer	WEESP	MSR	51	00:08:40	23	00:02:28	00:41:03	122	00:52:10	79	00:01:44	00:24:46	93	01:18:39	
92	157	Sebastiaan van Steenis	METEREN	MSR	52	00:10:55	85	00:02:01	00:38:57	88	00:51:52	76	00:01:03	00:25:58	113	01:18:52	
93	187	Jan Korf	Urk	MSR	53	00:14:32	166	00:02:51	00:38:59	89	00:56:21	126	00:00:41	00:22:03	38	01:19:03	
94	180	Yvonne Poel	LIMMEN	VSR	11	00:11:20	92	00:02:16	00:39:39	101	00:53:13	95	00:01:01	00:25:12	99	01:19:25	
95	82	Johan van Slooten	URK	MSR	54	00:12:48	133	00:02:13	00:38:11	76	00:53:11	94	00:01:46	00:24:42	91	01:19:38	
96	6	Albert Bakker	TOLLEBEEK	M40	29	00:12:28	120	00:01:59	00:40:52	119	00:55:18	116			0	01:19:38	
97	78	Jeroen Hilwig	AMERSFOORT	M40	30	00:13:16	149	00:02:29	00:38:41	83	00:54:26	112	00:01:47	00:23:28	66	01:19:40	
98	5	Albert Hakvoort	URK	MSR	55	00:11:03	90	00:02:07	00:40:21	111	00:53:30	101	00:01:00	00:25:11	97	01:19:41	
99	162	Tamara Schijff	HUIZEN	VSR	12	00:11:57	109	00:02:29	00:38:07	74	00:52:32	86	00:01:30	00:26:06	116	01:20:06	
100	21	Bart Knol	LELYSTAD	M40	31	00:12:19	118	00:02:43	00:39:28	96	00:54:29	113	00:02:09	00:23:49	74	01:20:26	
101	122	Meindert de Boer	URK	MSR	56	00:12:17	117	00:02:34	00:38:43	86	00:53:34	102	00:01:09	00:25:45	111	01:20:26	
102	45	Erik van Beest	EPE	M40	32	00:13:04	140	00:02:22	00:40:24	113	00:55:49	120	00:01:16	00:23:26	65	01:20:30	
103	33	Claus Brouwer	URK	M40	33	00:12:38	126	00:02:58	00:40:38	117	00:56:13	123	00:00:40	00:23:38	68	01:20:30	
104	83	Johan Roskam	TOLLEBEEK	M40	34	00:13:17	150	00:03:00	00:39:12	94	00:55:27	118	00:01:34	00:23:43	71	01:20:43	
105	114	Marije Pastoor	UTRECHT	VSR	13	00:10:35	69	00:02:00	00:39:44	103	00:52:19	82	00:01:00	00:27:25	133	01:20:43	
106	18	Arjen Vollebregt	LELYSTAD	M40	35	00:12:31	124	00:03:26	00:38:22	77	00:54:18	110	00:01:57	00:24:32	89	01:20:47	
107	15	Arachne Molema	LEIDEN	VSR	14	00:09:58	58	00:02:09	00:43:44	150	00:55:50	121	00:00:49	00:24:09	83	01:20:47	
108	12	Anna Mazereeuw	URK	V40	3	00:12:38	127	00:02:17	00:41:03	123	00:55:58	122	00:01:28	00:23:23	64	01:20:47	
109	55	Gerdi Wicherson	EMMELOORD	V40	4	00:10:23	65	00:02:22	00:40:54	121	00:53:38	104	00:01:55	00:25:18	104	01:20:49	
110	172	Walter Mariën	HULSHOUT	M40	36	00:12:34	125	00:01:59	00:38:04	73	00:52:37	87	00:01:37	00:26:42	127	01:20:56	

2e Suydersee Triathlon Urk 15-08-2015

Uitslag Overall

Plts	StartNr	Naam	Woonplaats	Cat	PltsCat	Zwem	PltsZwem	Wiss1	Fiets	PltsFiets	NaFiets	PltsNaFie	Wiss2	Loop	PltsLoop	TotaalTijd	DQ
111	143	Rene Vrosch	EDE	M40	37	00:09:27	45	00:01:59	00:38:43	85	00:50:07	66	00:01:41	00:29:12	149	01:21:00	
112	48	Frank Korsmit	RAAMSDONKSVEER	M40	38	00:11:34	101	00:03:02	00:37:21	61	00:51:56	77	00:01:39	00:27:30	135	01:21:04	
113	54	Gerard van de Guchte	EMMELOORD	M40	39	00:11:25	95	00:02:45	00:39:05	92	00:53:14	96	00:01:43	00:26:13	120	01:21:08	
114	101	Lianne van de Guchte	EMMELOORD	V40	5	00:13:09	144	00:02:04	00:41:16	125	00:56:28	128	00:01:03	00:24:00	79	01:21:29	
115	84	Johannes Post	URK	MSR	57	00:15:33	176	00:03:05	00:39:43	102	00:58:19	143	00:01:24	00:22:06	39	01:21:48	
116	63	Harry Muller	EMMELOORD	M40	40	00:08:54	31	00:02:40	00:41:51	132	00:53:24	98	00:01:16	00:27:36	136	01:22:15	
117	135	Peter Wijnands	LELYSTAD	M40	41	00:11:33	100	00:02:20	00:41:31	128	00:55:24	117	00:01:47	00:25:15	101	01:22:24	
118	181	Babette Jongman	Urk	V40	6	00:10:04	61	00:01:49	00:41:36	129	00:53:27	100	00:01:20	00:27:57	138	01:22:43	
119	177	Willem a Bakker	URK	MSR	58	00:13:50	161	00:02:14	00:40:34	116	00:56:37	129	00:01:54	00:24:42	92	01:23:12	
120	72	Jan Brouwer	URK	MSR	59	00:14:47	167	00:01:00	00:40:33	114	00:56:20	125	00:01:04	00:26:11	117	01:23:33	
121	40	Desiré van Veen	URK	VSR	15	00:12:45	130	00:01:53	00:42:17	137	00:56:54	131	00:00:46	00:26:26	123	01:24:05	
122	123	Meindert de Boer	URK	MSR	60	00:12:57	137	00:03:10	00:40:21	110	00:56:26	127	00:01:04	00:26:39	125	01:24:08	
123	158	Shirley Berkhout-VanBeers	ROTTERDAM	VSR	16	00:13:03	139	00:02:41	00:39:07	93	00:54:50	115	00:01:29	00:27:58	139	01:24:15	
124	17	Arjen Dijkstra	EMMELOORD	M40	42	00:13:00	138	00:02:56	00:40:22	112	00:56:17	124	00:01:37	00:26:48	129	01:24:41	
125	174	Wieger Kaptein	BUNSCHOTEN-SPAKENBURG	M40	43	00:13:31	156	00:03:09	00:41:04	124	00:57:43	136	00:01:21	00:26:12	118	01:25:15	
126	7	Albert Brouwer	URK	M40	44	00:15:10	168	00:03:49	00:39:26	95	00:58:23	144	00:01:56	00:25:01	95	01:25:19	
127	14	Anneke Ruizendaal	URK	VSR	17	00:13:08	143	00:02:50	00:42:11	136	00:58:08	141	00:00:54	00:26:21	122	01:25:22	
128	98	Laura Overbeek	AMSTERDAM	VSR	18	00:13:33	158	00:02:44	00:43:15	144	00:59:31	151	00:00:59	00:24:55	94	01:25:24	
129	107	Marc Lebbink	TOLLEBEEK	MSR	61	00:10:57	86	00:02:36	00:43:58	153	00:57:30	135	00:00:44	00:27:30	134	01:25:42	
130	168	Tineke van Berkum	ECHTENERBRUG	V40	7	00:09:37	52	00:02:13	00:40:49	118	00:52:39	88	00:01:49	00:31:28	157	01:25:55	
131	171	Vincent Bremer	VLEUTEN	MSR	62	00:13:07	141	00:03:06	00:41:53	133	00:58:04	140	00:01:12	00:26:41	126	01:25:57	
132	125	Michel de Grauw	EMMELOORD	M40	45	00:10:42	76	00:02:56	00:39:28	97	00:53:06	93	00:01:44	00:31:20	156	01:26:09	
133	138	Pieter Bakker	URK	M40	46	00:10:54	84	00:02:35	00:42:07	135	00:55:36	119	00:01:41	00:29:03	147	01:26:19	
134	95	Klaas Molenaar	URK	M40	47	00:11:22	93	00:02:31	00:38:37	82	00:52:29	85	00:01:47	00:32:04	166	01:26:19	
135	96	Ko Richter	EMMELOORD	M40	48	00:12:30	122	00:02:35	00:43:11	143	00:58:15	142	00:01:19	00:26:55	130	01:26:28	
136	43	Edwin Schrottenboer	EMMELOORD	M40	49	00:11:29	98	00:01:54	00:38:36	81	00:51:58	78	00:01:00	00:34:08	170	01:27:06	
137	183	Emma Jongman	Urk	VSR	19	00:11:50	107	00:02:10	00:45:12	161	00:59:11	149	00:00:55	00:27:09	131	01:27:13	
138	41	Dick van Beuzekom	WOERDEN	M40	50	00:10:41	75	00:02:18	00:41:25	126	00:54:23	111	00:01:35	00:31:52	162	01:27:49	
139	185	Maarten Jonkers	Urk	MSR	63	00:13:16	148	00:03:09	00:40:34	115	00:56:58	132	00:01:49	00:29:05	148	01:27:52	
140	70	Jacob Jan Woord	URK	MSR	64	00:15:27	174	00:03:24	00:41:51	131	01:00:40	156	00:02:05	00:25:48	112	01:28:32	
141	26	Brenda de Vries	URK	VSR	20	00:11:47	104	00:01:47	00:45:37	163	00:59:10	148	00:01:00	00:28:31	141	01:28:39	
142	85	Jolanda Akkermans	MARKNESSE	V40	8	00:14:02	163	00:02:58	00:45:05	159	01:02:04	160	00:00:49	00:25:59	114	01:28:51	
143	92	Kees Post	URK	M40	51	00:13:08	142	00:03:52	00:43:48	152	01:00:46	157	00:01:23	00:26:44	128	01:28:52	
144	99	Laura van der Waal	PAPENDRECHT	V40	9	00:12:09	114	00:03:15	00:41:48	130	00:57:11	133	00:01:32	00:30:29	154	01:29:11	
145	108	Marc Jongejan	EMMELOORD	M40	52	00:15:16	170	00:02:59	00:44:06	155	01:02:21	163	00:01:42	00:25:14	100	01:29:16	
146	104	Luuk Ariens	RAVENSTEIN	MSR	65	00:11:25	96	00:02:48	00:45:05	160	00:59:17	150	00:01:09	00:28:52	144	01:29:18	

2e Suydersee Triathlon Urk 15-08-2015

Uitslag Overall

Plts	StartNr	Naam	Woonplaats	Cat	PltsCat	Zwem	PltsZwem	Wiss1	Fiets	PltsFiets	NaFiets	PltsNaFie	Wiss2	Loop	PltsLoop	TotaalTijd	DQ
147	116	Marleen Mak	ALMERE	VSR	21	00:13:14	146	00:01:43	00:42:55	141	00:57:51	138	00:02:00	00:29:29	153	01:29:19	
148	42	Donny Korthoef	VOLLENHOVE	MSR	66	00:13:10	145	00:02:29	00:43:26	145	00:59:04	147	00:01:17	00:29:01	146	01:29:22	
149	88	José Stuivenvolt	EMMELOORD	V40	10	00:12:46	131	00:02:34	00:46:59	170	01:02:18	162	00:01:06	00:26:00	115	01:29:23	
150	73	Janke Jongstra	EMMELOORD	V40	11	00:13:15	147	00:02:02	00:42:45	140	00:58:01	139	00:02:04	00:29:22	152	01:29:26	
151	65	Henk Brouwer	URK	V40	12	00:12:49	134	00:04:05	00:42:43	139	00:59:36	152	00:00:52	00:29:01	145	01:29:28	
152	74	Jeltje Loosman	URK	V40	13	00:11:49	106	00:02:29	00:43:28	146	00:57:46	137	00:01:04	00:31:58	164	01:30:47	
153	129	Monique Akkermans	LUTTELGEEST	V40	14	00:17:23	177	00:02:02	00:43:44	149	01:03:08	167	00:00:52	00:27:12	132	01:31:11	
154	35	Corien Romkes	URK	VSR	22	00:14:06	164	00:02:19	00:48:13	171	01:04:37	172	00:00:50	00:26:33	124	01:31:59	
155	25	Bert Loedeman	AMERSFOORT	M40	53	00:15:24	173	00:04:42	00:44:20	156	01:04:26	171	00:01:20	00:26:19	121	01:32:04	
156	67	Ingrid Herder	EMMELOORD	VSR	23	00:08:58	32	00:02:45	00:45:45	164	00:57:27	134	00:00:47	00:33:54	169	01:32:07	
157	126	Michiel van Oosten	VOLLENHOVE	MSR	67	00:13:44	160	00:02:44	00:46:01	166	01:02:29	164	00:01:22	00:28:40	142	01:32:30	
158	130	Nadine van der Zee	ALMERE	VSR	24	00:11:08	91	00:01:53	00:43:47	151	00:56:47	130	00:01:30	00:35:15	171	01:33:31	
159	111	Marianela Radaelli	BAARN	VSR	25	00:11:58	110	00:03:20	00:48:45	172	01:04:02	169	00:01:20	00:28:14	140	01:33:35	
160	160	Sjoerd Dijkstra	EMMELOORD	M40	54	00:14:28	165	00:03:25	00:42:06	134	00:59:58	154	00:01:51	00:31:57	163	01:33:44	
161	128	Miranda Witte	SWIFTERBANT	V40	15	00:13:30	155	00:03:40	00:49:19	174	01:06:29	175	00:01:08	00:26:12	119	01:33:48	
162	4	Abbe Brouwer	URK	MSR	68	00:15:20	172	00:02:23	00:49:18	173	01:07:01	176	00:01:17	00:25:35	107	01:33:51	
163	121	Martin Van Veen	URK	M40	55	00:12:19	119	00:02:10	00:46:23	167	01:00:51	158	00:00:50	00:32:14	167	01:33:54	
164	37	Danny Buma	ECHTENERBRUG	M40	56	00:13:32	157	00:03:20	00:42:57	142	00:59:49	153	00:02:05	00:32:02	165	01:33:55	
165	34	Connie Jongejan	EMMELOORD	V40	16	00:11:59	111	00:02:59	00:45:23	162	01:00:20	155	00:02:14	00:31:30	159	01:34:03	
166	91	Karin Schenk	URK	VSR	26	00:12:43	129	00:02:33	00:43:43	148	00:58:58	146	00:01:43	00:33:35	168	01:34:16	
167	52	Frederika Snoek	URK	V40	17	00:13:28	154	00:02:05	00:46:36	168	01:02:08	161	00:01:03	00:31:08	155	01:34:18	
168	115	Marijke Woord	URK	VSR	27	00:15:27	175	00:02:37	00:43:34	147	01:01:38	159	00:01:32	00:31:29	158	01:34:38	
169	147	Riki Creemers	OSSENZIJL	V40	18	00:13:39	159	00:03:42	00:46:50	169	01:04:10	170	00:01:55	00:28:52	143	01:34:55	
170	110	Marco Gieskens	EMMELOORD	M40	57	00:12:51	136	00:04:35	00:45:53	165	01:03:18	168	00:03:04	00:29:14	150	01:35:36	
171	57	Gerritte Mein Ruizendaal	EMMELOORD	V40	19	00:15:14	169	00:02:34	00:44:54	158	01:02:41	166	00:01:07	00:31:49	160	01:35:36	
172	47	Erwin Ekelschot	MEPPEL	M40	58	00:10:51	81	00:04:04	00:43:59	154	00:58:53	145	00:01:23	00:35:24	173	01:35:39	
173	150	Robin van Dijk	HAARLEM	VSR	28	00:13:19	151	00:02:37	00:49:19	175	01:05:14	173	00:01:28	00:29:21	151	01:36:02	
174	89	Joyce Roije-Overbeek	HOORN	VSR	29	00:12:10	115	00:03:25	00:49:51	176	01:05:25	174	00:01:01	00:31:49	161	01:38:14	
175	97	Krishnan Gonesh	H.I.AMBACHT	M40	59	00:15:19	171	00:02:51	00:44:21	157	01:02:30	165	00:01:50	00:35:16	172	01:39:36	
176	19	Astrid Zijlstra	LEKKUM	V40	20	00:14:02	162	00:03:00	00:56:38	177	01:13:39	177	00:00:50	00:36:16	174	01:50:45	
177	81	Johan Berkhout	URK	MSR	0	00:10:43	77	00:02:07	00:39:58	105	00:52:47	91	00:03:44		0		
178	192	Wilbert Mazereeuw	Urk	M40	0	00:08:30	19	00:01:52	00:40:20	109	00:50:41	71			0		